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grain brain: the surprising truth about wheat, - Renowned neurologist Dr David Perlmutter, blows the lid off a topic that's been buried in medical literature for far too long: gluten and carbs are destroying your brain.

grain brain: david perlmutter: 9780316239837: - Grain Brain : The Surprising Truth about Wheat, Carbs, More About Grain Brain by David Perlmutter; Kristin Loberg . Recommendations | Overview | Details |

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